# ACADEMIC CONSORTIUM FOR COMPLEMENTARY & ALTERNATIVE HEALTH CARE



- Founded 1911
- WASC, CCE & ACAOM Accredited
- Los Angeles College of Chiropractic
- College of Acupuncture and Oriental Medicine
- School of Professional Studies
- SCU Health System
  - Community Care (University Health Center- Whittier; California State Universities, Los Angeles, Northridge & Fullerton; Mt. San Antonio College)
  - Satellite Clinics for underserved populations (Orange County Rescue Mission; Venice Family Clinic; Being Alive [AIDS/HIV] and several other sites plus special events, e.q. Stand Down)
  - Centers of Excellence (Diagnostic Imaging, Sports Medicine, Human Performance & Spine Care)



- Established in 1978
- Provides education, research and community service in support of the acceptance and use of naturopathic medicine
- Runs a four year naturopathic medical program and a six-term (two-year) bridge delivery program for international medical graduates
- Significant GTA healthcare provider with over 45,000 patient visits per year
- Partnerships with Canada's leading universities and research institutes

## Integrative Chronic Pain Program- Los Angeles



Integrative Medicine Director, Simms-Mann Health and Wellness Program at Venice Family Clinic: Myles Spar, M.D., M.P.H. - Triage

 Chronic, painful musculoskeletal conditions with and without a prior injury

#### **SERVICES**

- Conventional Medicine
- Traditional Chinese Medicine (Acupuncture)
- Chiropractic
- Osteopathy
- Massage
- Physical Therapy
- Yoga Therapy
- Feldenkreis
- Social Work/ Mental Health

#### **IMPACT BEYOND PATIENT CARE**

Education of Staff and Practitioners

### SCUHS Supervising Chiropractic Faculty: Ted Papenhagen, D.C.

- 'We have seen everything because the patients have been neglected by the larger healthcare system. Ultimately we are their last hope.'
- Weekly Interdisciplinary Grand Rounds
  - Review of relevant scientific literature; Proper charting and presentation; Discuss medical issues; Develop common language to enhance communication between practitioners.
- SCUHS intern: one-half day per week
- Since fall 2011 (30 months)
  - 188 new chiropractic patients
  - 1460 unique patient visits (almost 50 per month on a one-half day per week schedule)
- There is a waiting list for all integrative healthcare services
- Space constraints and limited resources preclude expansion
- Popular internship with D.C. students as well as other disciplines

# Brampton Naturopathic Teaching Clinic- Toronto

Greater Toronto Area suburb of Brampton

- January 2013- opened as a pilot project in the Brampton Civic Hospital's Ambulatory Clinic
- Free after hours care during the evenings four days per week
- Top three ethnicities served: South Asian,
  Caribbean/West Indian and European descent (see Figure 1)
- Over 3800 patient visits in its first year of operation
- Top Categories of Conditions Treated:
  - Musculoskeletal and connective tissue conditions
  - Endocrine, nutritional and metabolic conditions
  - Digestive conditions
  - Mental/emotional and behavioural conditions
  - Circulatory conditions

- Patient's report that accessing the clinic has reduced their visits to family doctors, specialists and the Brampton Civic Hospital; and reduced their use of prescription medication.
- The clinic is overseen by a steering committee made of up staff medical doctors, administrators and naturopathic doctors affiliated with the school
- There are an increasing number of referrals from MDs and it is estimated that 28.5% of patients have MDs who also work at William Osler Health System

