Academic Collaborative for Integrative Health

ACIH Working Group Special Projects Summary

Rev. 2020 0804

Current Projects

ACIH Directory of Researchers

Summary: The ResearchGate (RG) project formed to facilitate collaborative research by providing a directory of who the key players are and their areas of interest and expertise, so that researchers can more easily find each other and make *collaborative grant submissions*. Decision made to use ResearchGate platform, which has been described as "Facebook for researchers."

Desired Outcome:

Project members: Kieran Cooley, BSc, ND; John S. Finnell, ND, MPH, LAc; Courtney Everson, PhD

Status: ACIH RG has 9 Lab Members and 20 Followers.

Next Steps: Invite researchers in our schools, promote collaboration.

Integrative Practice Webinars

Summary: Series of panel presentations/discussions hosted jointly by CWG and EWG to better understand factors that are successful and not successful in developing and maintaining integrative clinic settings.

Desired Outcome:

Project members: Mitchel Zeifman, BSc, ND (lead); Marcia Prenguber, ND; Beth Howlett, DAOM, LAc; Sunny Nilchavee, DC; Paul Ratté, ND; Stephen Cina, LAc; Patrick Battaglia, DC

Status: 7 webinars recorded and posted on ACIH website.

Next Steps: 2020-21 Webinars being scheduled. Two scheduled for 2020.

Bridging the Research Gap Between Educational Institutions

Summary: Connect ACIH discipline schools with researchers from conventional academic health centers in order to enhance the quantity and quality of collaborative and ACIH discipline research.

Desired Outcome:

Project members: EWG: Dale Healey, DC, PhD; Dawn Hogue, MA, CMT; Beth Howlett, MAcOM, LAc; Gena Kadar, DC, MS, MEdL, CNS; Peter Szucs MA, LMT; Garrett Thompson, DC, PhD; Mike Wiles, DC, MEd; RWG: Beau Anderson LAc, PhD; Kieran Cooley BSc, ND; Courtney Everson, PhD; Steffany Moonaz, PhD; Niki Munk PhD, LMT **Status:** Chris, Steffany, Niki, Beau submitted IRB; they are addressing concerns that came back from IRB **Next Steps:** Resubmit IRB.

Systematic Review of Integrative Health and Medicine for under-resourced populations

Summary: Produce a systematic review of integrative health and medicine (IHM) for low-income, minority and underserved populations. The population of interest would include patients receiving clinical healthcare services in the United States. The intervention would be limited to clinical healthcare services from providers belonging to

IHM disciplines (acupuncture/East-Asian medicine, chiropractic, direct-entry midwifery, massage therapy, naturopathic medicine and/or related integrative fields of yoga therapy, ayurvedic medicine, homeopathy).

Desired Outcome:

Project members: Jennifer Rioux, PhD, AD (Ayurvedic Doctor), C-IAYT (lead); Kieran Cooley BSc, ND; Diane Mastnardo, BS, LMT; Niki Munk PhD, LMT; Lisa Taylor-Swanson, PhD, MAcOM, LAc, Rachel Hinrichs MS, MSLS (Health Sciences Librarian, IUPUI University)

Status: Analysis of findings, authoring background material for the article. Extractions completed, writing. **Next Steps:** Team writing.

PBRN Project

Summary: Create an understanding of Practice Based Research Networks (PBRNs) and the role ACIH disciplines can play. PBRN's cultivate partnerships and help advance collaborative practice. This project has a dual purpose of supporting the development of the Massage Therapy (MT) profession in the integrative health and medicine (IHM) world.

Desired Outcome:

Project members: Diane Mastnardo, BS, LMT; Niki Munk, PhD, LMT; Cynthia Price, PhD, MA, LMT; Peter J. Szucs, MA, LMT; MK Brennan, MS, RN, LMBT; Kieran Cooley, BSc, ND; Carolyn Tague, MA, CMT; Ann Blair Kennedy, LMT, BCTMB, DrPH; Stanley Dawson, DC, LMBT; Karen Fink BSN, RN, HNB-BC, LMT; Dale Healey, DC, PhD; Viola Crowder-Moger; Sivarama "Prasad" Vinjamury, MD (Ayurveda), MAOM, MPH

Status: Schedule meeting after Goals work completed, and next phase of Collaboration Survey findings in complete.

Next Steps: On hold.

WG Collaboration Survey

Summary: In the February 13, 2019 joint working group (WG) presentation and discussion about follow-up to the NAM Non-Pharmacologic Approaches to Pain Management event, one of the actions proposed was creating a survey to gather information from WG members about collaborative experiences and resources, and to assess collaboration opportunities among ACIH members. Participants expressed the need to leverage our resources, successes, existing partnerships and connections to build bridges to generate research, inform policy, create educational opportunities and advance implementation of Interprofessional Education and Collaboration (IPE/C) activities.

Desired Outcome:

Project members: Beth Howlett, DAOM, LAc; Marcia Prenguber, ND; Michele Renee, DC, MAc; Diane Mastnardo, BS, LMT (look at next steps for PBRN); Barbara Mansholt, DC

Status: Survey sent to WG members on April 5, 2019; Survey and findings reviewed and revised survey sent again March 2020; data collected from 28 respondents. Presenting findings in May 21, 2020 WG meeting.

Next Steps: Analyze results, inform other projects.

Dissemination

Summary: Get information about WG projects/materials out to our constituency (ACIH Board & WG members, Associate members, Council of Advisors) and our colleague organizations and members (ACIMH, AIHM, IHPC). Another purpose is to increase engagement of both existing working group members and of outside parties in the dissemination process.

Desired Outcome:

Project members: Garrett Thompson, DC, PhD (lead); Beth Howlett, DAOM, LAc; Gena Kadar, DC; Kathleen Greenough, DACM

Status: WG Dissemination process being implemented; Friday News created May 2020.

Next Steps: Follow dissemination process and implement campaign ideas.

Recently Completed Projects

Enhancing Collaboration through an Integrative Health and Medicine Organizational Awareness Perspective

Summary: The rise of integrative health and medicine (IHM) in the last two decades has drawn attention from both the public and policy makers. Several IHM organizations have been working together to strengthen their impact. Collaboration can be further enhanced with knowledge about interprofessional IHM organizations. We created a resource with descriptions about interprofessional IHM organizations and contact information for each of these organizations. Increasing visibility of these organizations is a step toward building more bridges leading to increased collaboration. The act of creating this resource is also an example of interprofessional and interorganizational collaboration.

Project members: Beth Rosenthal, MPH, MBA, PhD; Heather Carrie, MAS; Sivarama Prasad Vinjamury, MD (Ayurveda), MAOM, MPH; Deborah Hughes Ndao, MPH; Daniel Gallego-Perez, MD, DrPH(c); and Natalia S. Aldana-Martinez, MD, MSc

Status: Fostering interprofessional awareness and collaboration among Integrative Health and Medicine organizations visual created; poster displayed at multiple conferences.

Next Steps: Define inclusion criteria; continue with disseminating the visual.

Hospital Based Massage Therapy Specific Competencies

Summary: Addressing the issue that although massage therapy is frequently used in hospitals, there are no standard competencies to prepare students, and hospitals often don't know what to look for when hiring MT. The group created specific competencies for HBMT.

Project members: Dale Healey, DC, PhD; Carolyn Tague, MA, CMT; MK Brennan, RN, LMT; Beth Rosenthal, MPH, MBA, PhD

Status: Article published in peer reviewed Journal of Bodywork and Movement Therapies. Poster displayed at multiple conferences.

Next Steps: Team is continuing with disseminating the HBMT Specific Competencies.

Interprofessional collaboration (IPC) among Complementary and Integrative health (CIH) Providers

Summary: Anthony J. Lisi, DC and Beth Rosenthal, MPH, MBA, PhD began investigating interprofessional education and collaboration among complementary and integrative health disciplines in 2012. Hannah Gravrand, DC, MS joined the team in 2016.

Lisi and Rosenthal completed phase 1, the Exploration of Integrated Clinical Services Delivered at Accredited Complementary and Alternative Health Care Academic Institutions, in 2015. Two publications emerged from this part of the study:

- An analysis of integrative medicine-related definitions, published in Topics in Integrative Health Care 2014, Vol. 5(4) http://www.tihcij.com/Articles/A-Qualitative-Analysis-of-Various-Definitions-of-Integrative-Medicine-and-Health.aspx?id=0000441
- 2) Results from a research study of Integrated Clinical Services Delivered at Accredited Complementary and Alternative Health Care Academic Institutions, published in Topics in Integrative Health Care 2015, Vol. 6(1) <a href="http://www.tihcij.com/Articles/The-Extent-of-Interprofessional-Education-in-the-Clinical-Training-of-Integrated-Health-and-Medicine-Students-S-Survey-of-Educational-Institutions.aspx?id=0000447

In 2015, work began on phase 2, examining Interprofessional Collaboration (IPC) among Complementary and Integrative Health (CIH) Providers in Private Practice and Community Health Centers. In February 2019, study results were accepted for publication in the Journal of Interprofessional Education & Practice, Volume 15, June 2019, Pages 70-74. https://doi.org/10.1016/j.xjep.2019.02.007

In addition to the publications in peer-reviewed journals, this work was also presented at multiple conferences: International Congress for Educators on Complementary and Integrative Medicine, Georgetown (2012); All Together Better Health conference, Pittsburgh (2014); American Public Health Association annual meeting, Chicago (2015); Integrative Medicine for the Underserved (IM4US) conference, Chicago (2017); International Congress on Integrative Medicine & Health Conference, Baltimore (2018); Integrative Medicine for the Underserved Conference (IM4US), Washington, DC (2018); Academy for Integrative Health and Medicine (AIHM) annual meeting, San Diego (2018); Healthier Texas Summit, Austin (2018); American Public Health Association (APHA) San Diego (2018).