# ACIH Annual Meeting, December 17, 2019



## Welcome

- ❖ JoAnn Yanez, ND, MPH, CAE, ACIH Chair
- Alyssa Wostrel, MBA, Executive Director
- Liza Goldblatt, PhD, MPA/HA, Founding Board Member and NAM Global Forum Rep
- David O'Bryon JD, Immediate Past Chair and NAM Global Forum Alternate
- ❖ Beth Rosenthal, PhD, MBA, MPH, Director of Working Groups and Special Projects
- Deb Hill, MS, Manager of Working Groups



















#### Thank you ACIH Board members and Staff

#### **Board**

- JoAnn Yanez, ND, MPH, CAE, Chair
- David O'Bryon, JD, CAE, Immediate Past Chair
- Dale Healey, DC, PhD, Vice Chair
- Stanley Dawson, DC, LMBT, Treasurer
- John Scaringe, DC, EdD, Executive Committee Member-At-Large
- Stacy Gomes, EdD, MA Ed, Executive Committee Member-At-Large
- Safiya McCarter, ND, MSAOM
- Liza Goldblatt, PhD, MPA/HA

#### **Staff**

SAlyssa Wostrel, MBA, Executive Director Seth Rosenthal, PhD, MBA, MPH, Director of Working Groups and Special Projects Deb Hill, MS, Working Group Manager

- Karen Bobak, DC, EdD
- Sharon Bernecki DeJoy, PhD, MPH
- ❖ Iman Majd MD, MS, EAMP/LAc
- Mark McKenzie, LAc, MsOM
- William C. Meeker, DC, MPH
- Steffany Moonaz, PhD
- Paul Morin, DC
- Joni Olehausen, ND
- Christa Louise, MS, PhD
- Pamela Snider, ND

- ☐ The Academic Collaborative for Integrative Health (ACIH, formerly known as ACCAHC) is a 501-c3 non-profit organization since 2004. <a href="https://www.integrativehealth.org">www.integrativehealth.org</a>
- ☐ Membership: ACIH membership includes 18 national organizations, over 30 individual colleges, universities and schools, and 15 associate organizations. Core members are the councils of colleges, accrediting agencies, certification and testing organizations associated with integrative health and medicine fields (including the five professions with a U.S. Department of Education-recognized accrediting agency: acupuncture and Oriental medicine, chiropractic, massage therapy, naturopathic medicine and direct entry midwifery.)
- □ ACIH's membership category of <u>emerging and traditional world medicine professions</u> includes Yoga therapy, Ayurvedic medicine, homeopathy, somatic movement and nutritional specialists.

#### 2019 ACIH Members

#### **Core/Organizational**

Councils of Colleges: CCAOM, ACC, AFMTE, AANMC, AME

Accrediting Agencies: ACAOM, COMTA, CCE, CNME, MEAC

Certification and Testing Orgs: NBCE, NCCAOM, NABNE

#### TWM and Emerging Professions

ACHENA, BCNS, CHC, IAYT, ISMETA

#### **Individual Colleges and Universities**

30+ schools

#### **Associate Members**

Individuals and Allied Orgs

# **Individual College Members**

- Academy for Five Element Acupuncture
- American College of Traditional Chinese Medicine
- AOMA Grad School of Integrative Medicine
- Bastyr University Southern CA University of Health Sciences
- Boucher Institute of Naturopathic Medicine
- Canadian College of Naturopathic Medicine
- Canadian Memorial Chiropractic College
- Cayce/Reilly School of Massotherapy
- Colorado School of Traditional Chinese Medicine
- Cleveland Chiropractic College
- Emperor's College of Traditional Oriental Medicine
- Five Branches University
- Life University
- Logan University

- Midwives College of Utah
- Maryland University of Integrative Health
- National University of Health Sciences
- Northwestern Health Sciences University
- NY Chiropractic College
- Oregon College of Oriental Medicine
- Pacific College of Oriental Medicine
- Palmer College of Chiropractic
- Southwest College of Naturopathic Medicine
- Tri-State College of Acupuncture
- University of Western States
- University of Bridgeport
- Wongu University of Oriental Medicine
- Yo San University of Traditional Chinese
   Medicine

# TWM and Emerging Professions

- Accreditation Commission for Homeopathic Education in North America (ACHENA)
- American Organization for Bodywork Therapies of Asia (AOBTA)
- Council for Homeopathic Certification (CHC)
- International Association of Yoga Therapists (IAYT)
- International Somatic Movement Education and Therapy Association (ISMETA)
- National Ayurvedic Medical Association













### **ACIH Vision and Mission**

#### **Vision**

ACIH envisions a healthcare system that is multidisciplinary and enhances competence, mutual respect and collaboration across all healthcare disciplines. This system will deliver effective care that is patient centered, focused on health and well-being, and readily accessible to all populations.

#### **Mission**

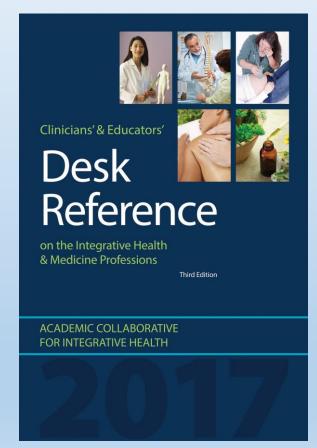
- □ ACIH enhances health by cultivating partnerships and advancing interprofessional education and collaborative practice.
- □ ACIH educates, collaborates and advocates for the inclusion of the values, practices and disciplines associated with integrative health and in particular for collaborative, team-based patient-centered care.

#### **ACIH Values**

- 1. **Equity in access** to the disciplines that ACIH represents acupuncture/East-Asian medicine, chiropractic health care, direct-entry midwifery, massage therapy & naturopathic medicine as well as emerging fields.
- 2. The diversity and traditions that exist in programs and institutions accredited by agencies recognized by the US Department of Education, as well as emerging fields that are actively engaging educational and regulatory processes.
- 3. Educational opportunities and equitable access to patient-centered integrative care without regard to race, gender, identity, socio-economic status, sexual orientation or religion.
- 4. A healthcare system that is inclusive and values all evidence-informed practices and recognizes the relationship between health, mind, body, spirit and environment, and emphasize healing, health promotion, disease prevention and wellness.
- 5. In addition, the Institute of Medicine statement expresses a value, that "the goal of integrating care should be the provision of comprehensive care that is safe and effective care, that is collaborative and interdisciplinary, and care that respects and joins effective interventions from all sources."(1)

#### Publication of Third Edition of the Clinicians' and Educators' Desk Reference on the Integrative Health & Medicine Professions

- ✓ The Clinicians' and Educators' Desk
  Reference (CEDR) is available in print and in
  Epub and Kindle formats.
- ✓ To learn more about the book, please go to: <a href="https://integrativehealth.org/desk-reference-integrative-health-professions/">https://integrative-health-professions/</a>



# 2019 Year in Review

## National Academy of Medicine Global Forum for Innovations in Health Professional Education

- ✓ We are going into our 9<sup>th</sup> year as a member of the Global Forum.
- ✓ Liza Goldblatt is our NAM Global Forum Representative and David O'Bryon is the Alternate
- ✓ Our membership of the NAM Global Forum in 2019 and into 2020 is made possible by a generous grant from the George Family Foundation with a matching grant by NCMIC.







- ✓ The Collaborative's involvement with the Global Forum provides us with the platform to continually educate the 50+ health professional organizational representatives who attend these meetings, about who we are and how we contribute to building resilience, health and well-being.
- ✓ The Global Forum workshops and publications are free to download <a href="here">here</a>.

# National Academy of Medicine Global Forum on Innovations in Health Professional Education ('The Global Forum')

- ❖ 2010 Lancet Report Health Professionals for a New Century
- 2011 IOM publication "The Future of Nursing"
- 2011 The IPEC (Interprofessional Education Collaborative)
  - The Four IPEC IPE Core Competency Domains include:
    - 1. Values/Ethics for Interprofessional Practice
    - 2. Roles/Responsibilities
    - 3. Interprofessional Communication
    - 4. Teams and Teamwork
- 2012 -The National Academies' Global Forum for Innovations in Health

Professional Education – focus on IPE/CP



## Global Forum – two major workshops a year

- 1. "A Systems Approach to Alleviating Work-induced Stress and Improving Health, Well-being, and Resilience of Health Professionals Within and Beyond Education"
  - ✓ April 26-27, 2018 in Washington DC
- 2. "The Role of Nonpharmacological Approaches to Pain Management"
  - ✓ December 4–5, 2018 in Washington, DC
  - ✓ Co-sponsored by the National Academies of Sciences, Engineering and Medicine's Forum on Neuroscience and Nervous System Disorders and the Global Forum on Innovations in Health Professional Education.

# NAM Global Forum for Innovations in Health Professional education Current areas of focus

- 2019 Global Forum 2 workshops focused on linking IPE education to practice and on the social determinants of mental health.
- Fall 2019 workshop strategic planning and visioning. Global Forum is a unique national organization that includes all licensed health professions in the US and some globally and has the National Academy of Medicine support.
- Three workshops for 2020-2021 are being considered:
  - a. Artificial Intelligence (AI) and Machine Learning
  - b. Team-based Approach to Pain Management (changing IPE/CP)
  - c. Rethinking Clinical Education and Transition to Practice
- Informal committee formed to discuss the various methods for integrating the CIH health professionals into mainstream healthcare education and practice. Goal – white paper to be published by the NAM in 2020.

### **Consortium/Collaborative Course**

- We are currently working with the Academic Consortium for Integrative Medicine and Health (ACIMH) to create a 36-hour hybrid course that will focus on training the ACIH disciplines last year students, residents and practitioners to work in integrative conventional medical in and outpatient settings.
- This course will include a training component in IPE/CP for all the health professionals who work in the integrative medicine and health settings.
- 30 hours will be online (GWU) and 6 hours in person.



- The Leadership team consists of Consortium representatives
  - Margaret Chesney, PhD, (Consortium past board chair),
  - Maryanna Klatt, PhD, (Consortium Board member),
  - Ray Teets, MD, former chair of the Consortium Education Working Group,
  - ACIH Board members:
    - Iman Mjad, MD, LAc,
    - Bill Meeker, DC, MPH,
    - Elizabeth Goldblatt (founding ACIH board member)
- Thanks to Bill Egloff of Crane Herbs for a development grant for this project















Bill Egloff

# Conferences and Collaborative Efforts 2019



# 2019 AIHM Change Maker Award for Liza Goldblatt, PhD, MPA/HA



# COMTA and ACIH Joint Webinar November 14, 2019

- □The Commission on Massage Therapy Accreditation (COMTA) and ACIH hosted a well-attended (over 80 registrants) joint webinar on November 14. (The first joint webinar occurred in November, 2018.)
- □Speakers: COMTA's Executive Director, Dawn Hogue and COMTA's Chair, Cliff Korn, LMT, BCTMB; ACIH's Alyssa Wostrel and ACIH's Vice Chair Dale Healey, DC, PhD, with ACIH's Treasurer, Stan Dawson
- ☐ "ARE YOU SAFE AND COMPETENT TO PRACTICE"



The Collaborative is engaged in projects and partnerships with many national organizations, including:

- The Academy of Integrative Health and Medicine (AIHM)
- The Academic Consortium for Integrative Medicine and Health
- The National Center for Primary Integrative Health (NCIPH)
- NAM Global Forum
- IM4US
- Integrative Health Policy Consortium (IHPC)
- Alliance to Advance Comprehensive Integrative Pain Management









# Alliance to Advance Comprehensive Integrative Pain Management (AACIPM)

o http://painmanagementalliance.org/aacipm

ohttps://morningconsult.com/opinions/combating-opioid-overdose-crisis-alleviating-chronic-pain/











# Meeting of IHC Non Profit Leaders at ACIH conference for AACIPM



### AIHM and ACIH Joint Statement

□ The Collaborative and the Academy issued this statement to their boards in Fall 2019:

#### STATEMENT OF INTENTION

The Academy of Integrative Health and Medicine (AIHM) and the Academic Collaborative for Integrative Health (ACIH) have designated a joint task force to explore strategic partnership possibilities.

Both organizations have noted a similarity of mission and vision that suggest strategic synergies for various projects and programs. The intention of the joint task force is to explore these synergies in more depth and report back to the respective boards possible next steps.

#### **ACIH Working Groups Gain Additional Support**

https://integrativehealth.org/about-working-groups

Deb Hill, MS, ACIH Library SPIG Coordinator and former ACIH Project Manager for Project to Enhance Research Literacy (PERL) is now managing working groups, allowing Beth Rosenthal, PhD, MBA, MPH, to focus more strategically on WG special projects.



"I am excited to join ACIH in this new role, and I look forward to the opportunity to support the important work of the ACIH working groups!"



"Deb brings a wealth of experience working with leaders in our disciplines. Her involvement with Working Groups gives us fresh energy and new perspectives, in addition to making my life easier. I am now able to give more attention to WG projects, and strengthen connectivity between the projects and WGs."

#### **Recorded webinar Presentations/Discussions posted**

http://integrativehealth.org/working-group-presentations/

#### Whole Systems Research Methods in Health Care: Where are we now? (September 11, 2019).

Nadine Ijaz, PhD, Postdoctoral Fellow, Leslie Dan Faculty of Pharmacy, University of Toronto, joined ACIH Research, Education and Clinical Working Groups for a presentation / discussion about a Special Focus Issue On Multimodal Approaches In Integrative Health: Whole Persons, Whole Practices, Whole Systems. Dr. Ijaz lead a team that included RWG member Jennifer Rioux, PhD and past ACIH executive director John Weeks examining 41 WSR exemplars in a review entitled Whole Systems Research Methods in Health Care: A Scoping Review (JACM-Paradigm, Practice and Policy Advancing Integrative Health, The Journal of Alternative and Complementary Medicine, March 2019). The article, which received honorable mention for the 2019 ISCMR Scientific Article Prize, is available in open access. To access the Special Focus Issue On Multimodal **Approaches** Integrative Health: Whole Persons, Whole Practices, Whole here: https://www.liebertpub.com/toc/acm/25/S1 To read an overview of the philanthropically funded issue, click http://www.johnweeks-integrator.com/uncategorized/does-the-integrative-medicine-field-care-abouthere: whole-systems-research-results-from-a-special-issue/ The September 11, 2019 webinar slides are available here.

# <u>Interprofessional Collaboration (IPC) among Complementary and Integrative Health (CIH) Providers:</u> Challenges, Facilitators, and Suggestions for Improvement (June 20, 2019)

Anthony J. Lisi, DC, Beth Rosenthal, MPH, MBA, PhD, and Hannah Gravrand, DC, MS discussed results of their study about Interprofessional Collaboration (IPC) among Complementary and Integrative Health (CIH) Providers in Private Practice and Community Health Centers. Study results were accepted for publication in the Journal of Interprofessional Education & Practice, Volume 15, June 2019, Pages 70-74. A link to the article can be found on the ACIH Publications page: <a href="https://integrativehealth.org/publications">https://integrativehealth.org/publications</a> The <a href="mailto:slides.are.available.here">slides.are.available.here</a> For supplementary resources related to improving IPC, click here.

#### **Recorded webinar Presentations/Discussions posted**

http://integrativehealth.org/working-group-presentations/

#### VA's Whole Health System: What can be learned and applied to your practice? (June 13, 2019)

ACIH Clinical, Education and Research Working Groups presentation and discussion about the successes and challenges of the VA's Whole Health program. The Whole Health program at the VA seeks to support patients in getting more of what matters most in their lives. Veterans in the program develop a personalized health plan based on their values, needs, and goals. This patient centered approach typically incorporates integrative health practices to work through challenges that are preventing Veterans from living a healthy life and achieving their goals. We are joined by guest speakers Kavitha Reddy, MD, Lead Clinical Champion Integrative Health Coordinating Center, VHA Office of Patient Centered Care & Cultural Transformation; Whole Health Clinical Director, St. Louis VA Medical and Lauri Phillips, RDN, LD, Associate Director for Whole Health Implementation, VHA Office of Patient Centered Care & Cultural Transformation. The slides are available here. Click here for document with the Q&A and Resources requested during the webinar.

## Follow-up to the NAM Non-Pharmacologic Approaches to Pain Management Presentation and Discussion (Feb. 13, 2019)

Belinda Anderson, PhD, LAc (RWG co-chair) gave a summary of the NAM Non-Pharmacologic Approaches to Pain Management event held in December 2018, and then Marcia Prenguber, ND (CWG co-chair) facilitated a discussion about what we can do with respect to collaboration, following up on the NAM event. Slides available <a href="https://example.com/here/beauty-com/here/b

# Working Group Special Projects

## **ACIH Directory of Researchers**

**Facilitate** collaborative research by providing a directory of who the key players are and their areas of interest and expertise, so that researchers can more easily find each other and make collaborative grant submissions. Using **ResearchGate** platform, which has been described as "Facebook for researchers."

**Project members**: James Whedon, DC, MS; Kieran Cooley, BSc, ND; John S. Finnell, ND, MPH, LAc; Courtney Everson, PhD.

A Tool to Facilitate Collaborative Research among the Integrative Health and Medicine Professions

James Whedon<sup>1</sup>; Kieran Cooley <sup>2</sup>; Courtney Everson <sup>3</sup>; John Finnell <sup>4</sup>; Beth Rosenthal <sup>5</sup>

<sup>1</sup> Southern California University of Health Sciences; <sup>2</sup> Canadian College of Naturopathic Medicine <sup>3</sup> Colorado State University; <sup>4</sup> South Texas Veterans Health System; <sup>5</sup> Academic Collaborative for Integrative Health

#### Introduction

The Academic Collaborative for Integrative Health (ACIH) supports activities and projects in education, clinical care, research and policy that are transforming our health care system into one that creates health and well-being. The Research Working Group (RWG) of ACIH investigated the creation of a directory of researchers that will facilitate collaboration in integrative health research by identifying individual researchers and institutions by their areas of interest and expertise. With development of such a research directory, researchers could more easily find each other and join together with the shared goals of catalyzing awareness, networking, and collaborating on grant applications and research projects.

#### **Objectives**

Our objective was to develop an online directory intended to Facilitate Collaborative Research among the Integrative Health and Medicine Professions.

#### Approach

RWG members explored the development of an online research directory through a series of emails and teleconferences. We began by defining the key elements of an effective and user-friendly online research directory, such as accessibility and visibility. We discussed how the data would be monitored, and reviewed the pros and cons of developing our own platform, establishing a website-based 'directory', or using an existing platform. Options explored included Google Forms, development of an inhouse proprietary platform, and ResearchGafe.

ResearchGate is a professional network for scientists and researchers, used by more than 15 million members worldwide. During the exploration phase, ResearchGate was found to have a feature called "Labs", which could be creatively adapted to meet our criteria. A Lab was established within ResearchGate to serve as a platform for the directory project. The prototype project was reviewed by members of the project committee. After iterative consensus based discussions evaluating all options under a risk- and strengths-based lens, the RWG decided to establish the Integrative Health Researcher Network Project on ResearchGate.

#### 

The Integrative Health Researcher Network Project is a featured project of the ACIH Lab on ResearchGate. Researchers who wish to take advantage of this networking opportunity must first join ResearchGate and then join as a member of the ACIH Health Researcher Network Project (HRNP). The HRNP thus serves as a hub for web-based networking with other like-minded researchers on ResearchGate.

The Integrative Health Researcher Network Project features research conducted by ACIH members:



#### Discussion

The Integrative Health Researcher Network Project, based in ResearchGate, serves as a directory where integrative health researchers can go to learn about each other's areas of interest and expertise, thus facilitating collaborative research. In addition to providing a platform for collaboration, the Directory may provide openings for ACIH members and members of other professional organizations to engage more intentionally. Metrics regarding readership, project collaboration and social networking will help evaluate the suppress of this initiative.

#### Conclusion

The ability to facilitate collaborative research among the integrative health and medicine professions has promising potential for advancing whole-person health and transforming health care systems.

#### Disclosure

This paper developed from discussions among members of the Research Working Group of the Academic Collaborative for Integrative Health (ACIH). ACIH represents 18 national integrative health and medicine organizations, many universities, colleges and programs and has a wide variety of supporters and volunteers. ACIH strengthens understanding and cooperation among educators, researchers, and clinicians from distinct healthcare disciplines.

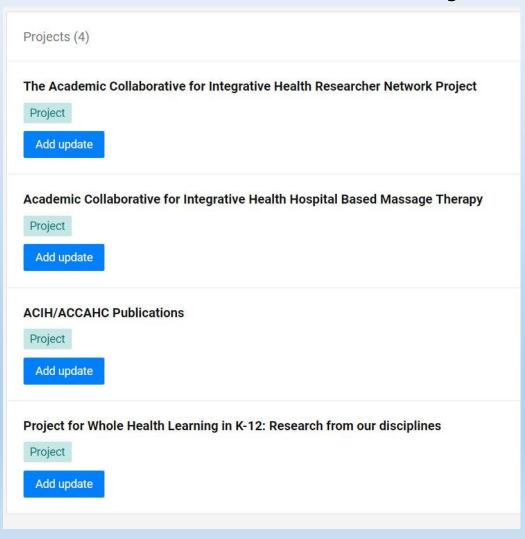
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Geriatric Medicine Research Collaborative, Using Social Media and Web-Based Networking in Collaborative Research: Protocol for the Geriatric Medicine Research Collaborative, JMIR Res Protoc, 2018 Oct 9; 7(10): e179.

Joshi ND, Lieber B, Wong K, Al-Alam E, Aganwai N, Diaz V. Social Media in Neurosurgery: Using ResearchGate. World Neurosurg. 2019 Jul; 127: e950-

## **ACIH ResearchGate Projects**



## **ACIH Directory of Researchers**

- > Join ACIH Lab and/or Projects in ResearchGate
- > Upload ACIH/ACCAHC publications
- Share with others!
- For more information visit:

https://integrativehealth.org/working-group-presentations

## **Integrative Clinic Webinars**

Series of panel presentations/discussions hosted jointly by CWG and EWG to better understand factors that are successful and not successful in developing and maintaining integrative clinic settings.

**Project members**: Mitchel Zeifman, BSc, ND (lead); Marcia Prenguber, ND; Jennifer Johnson, ND; Beth Howlett, DAOM, LAc.

# Bridging the Research Gap Between Educational Institutions

**Connect** ACIH discipline schools with researchers from conventional academic health centers in order to enhance the quantity and quality of collaborative and ACIH discipline research.

*Project members*: Christopher Arick, DC, MS; EWG: Dale Healey, DC, PhD; Dawn Hogue, MA, CMT; Beth Howlett, MAcOM, LAc; Gena Kadar, DC, MS, MEdL, CNS; Peter Szucs MA, LMT; Garrett Thompson, DC, PhD; Mike Wiles, DC, MEd; RWG: Beau Anderson LAc, PhD; Kieran Cooley BSc, ND; Courtney Everson, PhD; Steffany Moonaz, PhD; Niki Munk PhD, LMT.

# Systematic Review of Integrative Health and Medicine for under-resourced populations

Produce a **systematic review** of integrative health and medicine (IHM) for low-income, minority and underserved populations.

**Project members**: Jennifer Rioux, PhD, AD, C-IAYT; Kieran Cooley BSc, ND; Diane Mastnardo, BS, LMT; Niki Munk PhD, LMT; Lisa Taylor-Swanson, PhD, MAcOM, LAc, Rachel Hinrichs MS, MSLS.

## **PBRN Project**

**Understanding** Practice Based Research Networks (PBRNs) and the **role ACIH disciplines can play**. PBRN's cultivate partnerships and help advance collaborative practice.

This project has a dual purpose of supporting the development of the Massage Therapy (MT) profession in the integrative health and medicine (IHM) world.

*Project members*: Diane Mastnardo, BS, LMT; Niki Munk, PhD, LMT; Cynthia Price, PhD, LMP, Peter Szucs, MA, LMT; MK Brennan, MS, RN, LMBT; Kieran Cooley, BSc, ND; Carolyn Tague, MA, CMT; Ann Blair Kennedy, LMT, BCTMB, DrPH; Stan Dawson, DC, LMBT; Karen Fink, BSN, RN, HBN-BC, LMT, CLL

If you are interested in joining an ACIH Working Group, contact Deb Hill, MS dhill@integrativehealth.org

### Thank you to our 2019 donors:

- George Family Foundation NAM Global Forum multiyear grant
- NCMIC Foundation Match to George Foundation grant
- Leo S. Guthman Foundation Two grants in support of both Special Projects and Operations
- Southern California University of Health Sciences physical office space/resources on campus -hosted our annual board retreat/dinner
- Palmer College in support of our annual board meeting
- Anonymous in support of operations









# Please become a member of ACIH if you have not already joined!

- https://integrativehealth.org/associate-members/
- https://integrativehealth.org/individual-colleges

# Thank you for your interest and engagement with ACIH!







