

ACADEMIC COLLABORATIVE FOR INTEGRATIVE HEALTH

The Collaborative

P.O. Box 1432, Mercer Island WA 98040

www.integrativehealth.org

Annual Report for 2016

We have a new name - [Academic Collaborative for Integrative Health](http://www.integrativehealth.org) (ACIH, formerly known as ACCAHC) and a new website - www.integrativehealth.org which is user friendly, clean and professional. Please take note of our new 'Resource' draw-down. An example of a recent ACIH publication that has been circulated broadly - both internally and nationally is:

"Credentialing Licensed Acupuncture and Oriental Medicine Professionals for Practice in Healthcare Organizations" This article is found on our website under Resources/ACIH Publications. ACIH collaborated with NCCAOM on this paper which provides health care delivery organizations, AOM educators, students and practitioners resources to assist LAc's who are interested in working in conventional medicine environments. The authors are John Weeks, Liza Goldblatt, PhD, MPA/HA, Stacy Gomes, EdD, MEd, Iman Majd, MD, EAMP (LAc) & Kory Ward-Cook, PhD, CAE. This article can be found on our new website

Institute of Medicine (now the National Academies of Science, Technology and Medicine Health and Medicine Division) - Our work with the IOM Global Forum on Innovation for Health Professional Education continues with a proposed 1.5 day workshop on building resilience, stress and burn-out. The National Academy of Medicine's board approved the 'Statement of Task' and endorses the importance of this timely subject. This workshop will be held in 2018. ACIH leaders will take a major role on planning and participating in this workshop. All IOM Global Forum on Innovation for Health Professional Education publications are free to download. The fall 2016 Global Forum focused on financing IPE/CP and the spring 2016 one on accreditation requirements for interprofessional education/collaborative practice (IPE/CP). Elizabeth A. (Liza) Goldblatt, ACIH Executive Director, and John Weeks, ACIH previous Executive Director represent ACIH on the Global Forum.

www.nationalacademies.org/hmd/Activities/Global/InnovationHealthProfEducation

International Congress on Complementary and Integrative Medicine - The International Congress on Integrative Medicine and Health (ICIMH) was held in Las Vegas, Nevada on May 17-20, 2016. The Congress was convened by the **Academic Consortium for Integrative Medicine and Health**, in association with the International Society for Complementary Research, the Integrative Health Policy Consortium, the Academic Collaborative for Integrative Health, and the Academy of Integrative Health and Medicine. ICIMH's mission is to foster the development of new collaborations and to strengthen existing partnerships within the field of integrative medicine and health. The upcoming ICIMH will have four content areas: research, policy, education, and clinical care. This Congress showcased original scientific research through keynote and plenary sessions, oral and poster presentations, and innovative sessions.

The Academic Collaborative held its in-person board meeting just before the Congress at the same venue and several ACIH board members and staff stayed for the Congress and many participated in presentations, panels and posters.

Academy of Integrative Health & Medicine

Several ACIH board members and staff presented at the Academy of Integrative Health & Medicine conference in San Diego in November 2016 as well as participated in the Academy's Leadership Council meeting. Some of our presenters included John Weeks as keynote speaker, Liza Goldblatt with the Univ. of AZ team on the NCIPH project and Beth Rosenthal with a poster on hospital based massage therapy.

University of Arizona National Center for Integrative Primary Healthcare

ACIH has been part of the leadership team that developed the National Center for Integrative Primary Healthcare competencies and course. The course is now on-line for educational institutions and soon will be available to individual health professionals. There is currently no charge for this 45-hour course. See www.nciph.org for when it is open to individuals. This is a course for primary care integrative health providers and includes LAc's, DC's and ND's, who for this project, are considered primary care in the broadest sense of practice and is also in accord with the WHO broad definition. Dr. Goldblatt is on the NCIPH leadership team.

We are also working with several other national organizations – such as the NIH NCCIH, the University of Minnesota NEXUS project that focuses on interprofessional education and collaborative practice, the Integrative Health Policy Consortium, Integrative Medicine for the Under Served, and so forth, to further our vision, mission and goals.

Clinicians & Educators Desk Reference

This important text that presents the history, philosophy, education training and licensure requirements continues to be updated on a regular basis and a new CEDR will be published in early 2017. Many courses now require this text. Beth Rosenthal, ACIH Assistant Executive Director is overseeing this project.

ACIH Working Groups, Beth Rosenthal, PhD, MBA, ACIH Assistant Director –

broenthal@integrativehealth.org - research, clinical and education working groups (RWG, CWG & EWG) -

On September 15, for the first time, the EWG and CWG met jointly. A task force with representation from each of our core areas was created to review the newly revised IPEC competencies as well as the two additional ones that ACIH developed. Cheryl Hawk, PhD, DC, stepped down as one of the RWG co-chair, but will be staying on the RWG. Jim Whedon, DC is the new RWG co-chair with Beau Anderson, PhD, LAc. There are openings for new members in all 3 of our WGs. If you know of someone who would make a great WG member and is able to devote the time to participating in meetings and work collaboratively on projects, please let Beth know.

10 Recorded webinar Presentations/Discussions posted under Resources/Working Group Presentations: <http://integrativehealth.org/working-group-presentations/>

Project for Integrative Health and the Triple Aim Accomplishments (PIHTA)

Jennifer Olejownik, PhD, MS, Project Manager - jolejownik@integrativehealth.org

The PIHTA initiative seeks to understand the values of integrative health (treating the whole person, using least invasive methods first, partnering with others, promoting self-care, creating health). The goals of the Triple Aim are reducing health care costs, enhancing patient experience, and improving population health. Below is a list of resources and products commonly used by our constituents and stakeholders.

A Short Course on Understanding the Emerging Triple Aim Landscape Webinar Series includes "Power of Choice in Patient Experience Improvement: The Critical Role for Integrative Health."

Webinars are available at www.integrativehealth.org under Core Projects/PIHTA.

Project to Enhance Research Literacy, Deb Hill, MS, Project Manager - (dhill@integrativehealth.org)

Achieving Competency in Evidence Informed Practice (EIP): A Resource Guide for Educators' was completed and added to the PERL resources on the Center for Optimal Integration website. The entire collection of resources is also available in a free downloadable PDF document. For more information, please see PERL under The Center tab on the new ACIH website.

Two additional 2016 PERL webinars; *Evidence Informed Practice in Complementary and Integrative Academic Programs, Making it Work*, and *Keeping Pace with Research Literature: Tips from Librarians*, and can also be found the Center for Optimal Integration website under the events tab.

Outreach efforts for an ACIH based library special interest group (SPIG) were initiated in late 2016. This new group is open to library staff from individual university/college/program members of ACIH, as an additional membership benefit. The group will focus on evidence informed practice (EIP). Librarians have a key role to play in EIP as the basics of information literacy correlates with the fundamentals of EIP.

ACIH's Collaborative Projects for 2017 – 2018

1. Continue our work as a member of the National Academy of Medicine: Health and Medicine Division (HMD - formerly the Institute of Medicine/IOM) Global Forum on Innovations in Health Professional Education. This project is funded in part by a \$30,000 per year multi-year grant from an anonymous donor.
2. Continue our work with the National Center for Integrative Primary Health with the University of Arizona, the Academic Consortium of Integrative Medicine and Health and HRSA.
3. Continue our collaborations with the Academic Consortium for Integrative Medicine and Health (the 'Consortium'). We have several potential collaborative projects in discussion, including:

- a. Create a course that will train the ACIH disciplines last year students and practitioners to work in integrative conventional medical in and outpatient settings. In addition, this course will include a training component in IPE/CP for all the health professionals who work in the integrative medicine and health settings.
 - b. Expand the PERL (Project to Enhance Research Literacy) project to the next level creating meta-competencies for EIP for integrative health and medicine health professions and develop a shared curriculum in EIP to assure a core knowledge base, as well as include a significant IPE/CP component in this course.
4. The Project for Integrative Health and the Triple Aim (PIHTA): The next PIHTA project will focus on 5 in depth case studies of PCMH (patient-centered medical homes) that employ at least two of our disciplines and how they meet the Triple Aim. In Process.

Thank You – to all our members and supporters:

We wish to take this opportunity to thank all of our national organization members, individual college members and associate members, as well as our Council of Advisors and our national colleagues. In addition, several donors were very supportive in 2016.

With this tremendous broad support, ACIH continues to be one of the main national integrative health and medicine organizations that is advancing collaborative, team-based, patient/person-centered care throughout North America.

Thank you to our 2016 donors:

Altavista Natural Medicine

Anonymous donor for our Global Forum work

The American Acupuncture Council (AOM & DC malpractice insurance company)

Crane Herbs

Leo Guthman Foundation

NCMIC (National Chiropractic Malpractice Insurance Company) foundation

O'Bryon and Company

Mountain Peak Nutritionals

Roberto Serralles & Rebecca Sauser

Visual Outcomes